Disability Wales
Anabledd Cymru

Disability Wales Manifesto 2026-2031

Member's Checklist

What can you do? Make your candidates aware and ask them to commit to our 5 Manifesto Calls!

Send a letter to your future candidates. You can download our draft letter to help write to all the candidates in your area. Make them aware of our 5 calls and ask them to pledge to support their disabled constituents.

Share it with your friends!

- ***Share the manifesto with your friends***
- ***Encourage them to send letters to their constituency candidates***

Get on social media!

- ***Get out the key calls***
- ***Share the manifesto***
- ***Spread the word about our commitment card***

- ***Follow Disability Wales on Facebook and LinkedIn (@disabilitywales)*** **and support our posts about the Manifesto and upcoming Senedd elections.**

Get registered to vote!

- ***Make sure that you are registered to vote in the next election. Your vote matters. We need every disabled person in Wales to use their vote to fight for the issues that impact our lives.***

- ***Get your friends, your family, your neighbours, your co-workers, get everyone registered to vote!***

- ***You can register to vote here:*** ***https://www.gov.uk/register-to-vote***

Disability Wales
Anabledd Cymru

Manifesto Checklist

- [ ] *Have you sent the letter to your representatives?*
- [ ] *Have you shared the manifesto and the letter with your friends and family?*
- [ ] *Have you shared the message on social media?*
- [ ] *Have you registered to vote?*
- [ ] *Have you asked 5 people to remind them to register to vote?*

local authorities
disability rights
employment
publicity
issues communities people equality services
education discrimination groups social model
awareness
legislation organisations laws training
enforcement access legalsupport
public bodies independent government priority
social care UNCRDP incorporation

For more information, please get in touch with us

029 2088 7325
info@disabilitywales.org
www.disabilitywales.org
@DisabilityWales

Disability Wales
Anabledd Cymru

Maniffesto Anabledd Cymru 2026-2031
Rhestr Wirio Aelodau

Beth allwch chi ei wneud? Gwneud eich ymgeiswyr yn ymwybodol a gofynnwch iddynt ymrwymo i'n 5 Galwad Maniffesto!

Anfonwch lythyr at eich ymgeiswyr ar gyfer yr etholiad sydd i ddod. Gallwch lawrlwytho ein llythyr drafft i'ch helpu i ysgrifennu at yr holl ymgeiswyr yn eich ardal. Gwnewch yn siŵr eu bod yn ymwybodol o'n 5 galwad a gofynnwch iddynt addo cefnogi eu hetholwyr anabl.

Ei rannu gyda'ch ffrindiau!

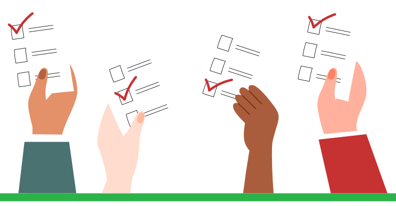
- ***Rhannwch y maniffesto gyda'ch ffrindiau***
- ***Anogwch nhw i anfon llythyrau at yr ymgeiswyr yn eu hetholaeth***

Mynd ar y cyfryngau cymdeithasol!

- ***Tynnwch sylw at y galwadau allweddol***
- ***Rhannwch y maniffesto***
- ***Lledaenwch y gair am ein cerdyn ymrwymiadau***
- ***Dilynwch Anabledd Cymru ar Facebook a LinkedIn (@disabilitywales) a chefnogwch ein postiadau am y Maniffesto a'r etholiadau Senedd sydd i ddod.***

Cofrestru i bleidleisio!

- ***Gwnewch yn siŵr eich bod wedi cofrestru i bleidleisio yn yr etholiad nesaf. Mae eich pleidlais yn bwysig. Mae angen i bob person anabl yng Nghymru ddefnyddio eu pleidlais i frwydro dros y materion sy'n effeithio ar ein bywydau.***
- ***Sicrhewch fod eich ffrindiau, eich teulu, eich cymdogion, eich cyd-weithwyr — sicrhewch fod pawb wedi cofrestru i bleidleisio!***
- ***Gallwch gofrestru i bleidleisio https://www.gov.uk/register-to-vote***



Disability Wales
Anabledd Cymru

Rhestr Wirio Manifffesto

- [ ] *Ydych chi wedi anfon y llythyr at eich cynrychiolwyr?*
- [ ] *Ydych chi wedi rhannu'r maniffesto a'r llythyr gyda'ch ffrindiau a'ch teulu?*
- [ ] *Ydych chi wedi rhannu'r neges ar gyfryngau cymdeithasol?*
- [ ] *Ydych chi wedi cofrestru i bleidleisio?*
- [ ] *Ydych chi wedi gofyn i 5 o bobl i'w hatgoffa i gofrestru i bleidleisio?*

mwybyddiaeth
hawliau anabledd
cymunedau
cyflogaeth
cyhoeddusrwydd
materion cydraddoldeb pobl blaenoriaeth
gwasanaethau
add ysg
gwahaniaethu grwpiau
model cymdeithasol
deddfwriaeth corffori sefydliadau
hyfforddiant
gorfodi
mynediad cymorth cyfreithiol
cyrff cyhoeddus
annibynnol llywodraeth
awdurdodau lleol
gofal cymdeithasol
CCUHPA
cyfreithiau

Am ragor o wybodaeth, cysylltwch â ni

029 2088 7325
info@disabilitywales.org
@DisabilityWales
www.disabilitywales.org/lang=cy