**Cost of Living Crisis Survey**

Please return survey by emailing [megan.thomas@disabilitywales.org](mailto:megan.thomas@disabilitywales.org).

1. Do you identify as a disabled person?

* Yes
* No

1. Are you answering on behalf of yourself, a disabled person or an organisation?

* Myself
* A disabled person
* An organisation (please list)

1. Which Local Authority do you live in?

* Blaenau Gwent
* Bridgend
* Caerphilly
* Cardiff
* Carmarthenshire
* Ceredigion
* Conwy
* Denbighshire
* Flintshire
* Gwynedd
* Isle of Anglesey
* Merthyr Tydfil
* Monmouthshire
* Neath Port Talbot
* Newport
* Pembrokeshire
* Powys
* Rhondda Cynon Taf
* Swansea
* Torfaen
* Vale of Glamorgan
* Wrexham
* I don’t live in Wales
* I don’t know

1. Have you experienced changes to your cost of living?

* Yes
* No

1. Have you experienced changes to your quality of life?

* Yes
* No

1. Have you had to spend more on the following:

* Heating, Electricity and/or water
* Food
* Transport
* Housing
* Impairment-related expenses

Yes, No, Unsure

1. Have you had to cut back on the following:

* Heating, Electricity and/or water
* Food
* Clothing
* Transport costs
* Leisure activities
* Impairment-related expenses

Yes, No, Unsure

1. How have you been affected by the rising cost of living?
2. Have you had effective support with the rising cost of living?

* Yes
* No
* Unsure
* I have had no support

1. Do you feel informed about the support options available?

* Yes
* No
* I don’t know any support options

1. Have you heard of the Winter Fuel Allowance?

* Yes
* No

1. Have you heard of Local Housing Allowance?

* Yes
* No

1. Have you heard of Discretionary Assistance Fund?

* Yes
* No

1. Have you received or are you aware of the £150 cost of living payment?

* Yes I received it
* Yes I am aware of it
* No I was not aware

1. If you needed support, would you know where to find it?

* Yes
* No

1. Have you been to or considered going to a food bank?

* Yes, been to
* Yes, considered
* No haven’t been to or considered
* I don’t know what a food bank is

1. Have you been to or considered going to a warm bank?

* Yes, been to
* Yes, considered
* No haven’t been to or considered
* I don’t know what a warm bank is

1. Have you noticed changes to your social care?

* Yes
* No
* Unsure
* I don’t receive any social care

1. If yes, please describe these changes:
2. Has your social care or the care of people in your life been affected by cuts to social care packages?

* Yes
* No
* Unsure
* This does not apply to me

1. Are you worried about the cost of living?

* Yes
* No

1. Has your mental health, physical health and/or wellbeing been impacted by the cost of living? (Please select as many as applies).

* Yes physical
* Yes mental
* Yes wellbeing
* Yes all
* No physical
* No mental
* No wellbeing
* No all
* Unsure

1. In relation to disabled people, do you think that the UK Government response so far has been effective?

* Yes
* No
* Unsure

1. In relation to disabled people, do you think that the Welsh Government response so far has been effective?

* Yes
* No
* Unsure

1. Do you trust the UK Government to respond effectively to this crisis?

* Yes
* No
* Unsure

1. Do you trust the Welsh Government to respond effectively to this crisis?

* Yes
* No
* Unsure

1. Do you think that the cost of living crisis affect disabled people more than non-disabled people?

* Yes
* No
* Unsure

1. What more do you think should be done to address the cost of living crisis?