



Disability Wales  
Anabledd Cymru

# Disabled People's Manifesto

## Member's Checklist

### What can you do?

#### Make your candidates aware!

Send a letter to your representative. You can use our draft letter to help write a letter to all the candidates in your area. Get them aware of what we are calling for and that they need to pledge to support their disabled constituents.

#### Share it with your friends!

- Share the manifesto with your friends
- Encourage them to send letters to their representatives

#### Get on social media!

- Use our graphics
- Get out the key messages
- Share the manifesto
- Spread the word about our campaign
- Follow Disability Wales on Facebook and Twitter (@disabilitywales) and support our posts about the manifesto by liking and sharing.

#### Get registered to vote!

- Make sure that you are registered to vote in the next election, your vote matters and we need every disabled person in Wales using it to fight for the issues that matter to us.
- Get your friends, your family, your neighbours, your co-workers, get everyone registered to vote!
- You can register to vote here: <https://www.gov.uk/register-to-vote>



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## Manifesto Checklist

- Have you sent the letter to your representatives?
- Have you shared the manifesto and the letter with your friends and family?
- Have you shared the message on social media?
- Have you registered to vote?
- Have you asked 5 people to remind them to register to vote?



For more information, please get in touch with us

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