

Easy Read



Bring Us Our Rights

Disabled People's Manifesto

Supporting the rights of disabled people who live in Wales

This document was written by **Disability Wales**. It is an easy read version of **Bring Us Our Rights: The Disabled People Manifesto**.

December 2020

How to use this document



This is an easy read version. The words and their meaning are easy to read and understand.



You may need support to read and understand this document. Ask someone you know to help you.



Words in **bold blue writing** may be hard to understand. They have been explained in a box below the word.



If the **hard word** is used again it is in normal blue writing. You can check what the words in blue mean on **page 23**.



Where the document says **we**, this means the **Disability Wales**. For more information contact:

Website: www.disabilitywales.org



This document was made into easy read by **Easy Read Wales** using **Photosymbols**.

Contents

	Page
How to use this document.....	2
Introduction.....	4
What disabled people said.....	6
What we are asking for.....	11
1. Using the United Nations Convention on Rights of Disabled People (UNCRDP).....	11
2. Knowing and learning about impairments and what disabled people need.....	13
3. Independent living.....	14
4. Health.....	15
5. Work and employment.....	17
6. Safe and comfortable housing.....	19
Working together.....	22
Hard words.....	23

Introduction



Disability Wales is an organisation that works to protect the rights of disabled people in Wales.

We believe that:



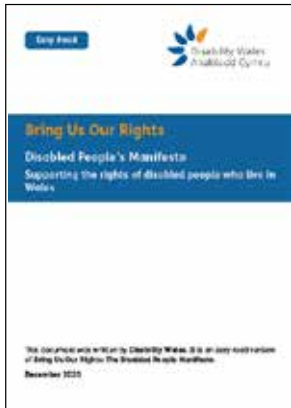
- disabled people should be able to have the same choices as everyone else



- disabled people should be able to use the same services as everyone else



- services should understand and support the needs of disabled people.



This document is our **manifesto**. The **manifesto** helps us to understand what we need to work on to support disabled people in Wales.

A **manifesto** is a document that says what an organisation wants to do and how they will do it.



We have talked to lots of disabled people who live in Wales. They have told us about things that are difficult for them.

What disabled people said



Disabled people have said that living life as a disabled person has got a bit better. But there are still things to work on.

For example:



- people want to be listened to



- people want to have a say in the type of support they get



- some services do not meet the needs of disabled people



- many people want the right support to help them live independently.



- people want more choice about how they live their lives



- people want to make their own choices about the support they get



- many people and services need help to understand the needs of disabled people



- many people have difficulty in hospital and health appointments. **Especially:**

- people with a learning difficulty
- disabled women
- **BAME** disabled people



BAME means people who are black, Asian or other ethnic minorities. They may come from a different country.

- **LGBT** who are disabled.



LGBT means **lesbians**, **gay** men, **bisexual** people and **transgender** people.

Lesbians are women who are attracted to other women.

Gay men are men attracted to other men.

Bisexual people are people who are attracted to both men and women.



Transgender people are people who are born as one sex and want to live as the other sex. For example a person who looks like a man may feel inside like a woman.





We believe that we need to listen to what people have told us and support their right to:



- live in communities that understand what they need



- use services that understand what they need



- live independently



- choose the type of support they get



- have good health care



- work



- live in houses that are safe and comfortable.



These are the things we will be asking the Welsh **Political Parties** to do.



A **political party** is a group who agree how to make life better for people. They come together and have a candidate for an election. In Wales political parties include:

- Plaid Cymru
- UK Independence Party (UKIP)
- Welsh Conservatives
- Welsh Labour
- Welsh Liberal Democrats

What we are asking for

1. Using the United Nations Convention on Rights of Disabled People (UNCRDP)



The **UNCRDP**:

- is a document that tells us about the rights of disabled people.
- gives a **framework** for making sure rights of disabled people are supported.



Framework is a plan for when and how to do things.



- the **framework** is used around the world.



- it is not used at the moment to make sure that laws passed in Wales help disabled people get their rights.

The **framework** will make sure:



- local Councils can support disabled people's rights across Wales.



- there is a person in charge of making sure disabled people's rights are supported properly. They will be called **The Commissioner for Disabled People** in Wales.



- there are organisations working to support disabled people's rights all over Wales.

2. Knowing and learning about impairments and what disabled people need



Many people have impairments you cannot see. They are often badly treated by others because they do not look like they are disabled.

We want:



- help for people to understand disabled people better.



- [Political Parties](#) to tell us what they are doing to make life better for disabled people in Wales.



- disabled people to join [Political Parties](#) using the [Access to Elected Office Fund](#).



[Access to Elected Office Fund](#) is money to help disabled people who want to stand for election to the Senedd and other government elections.

3. Independent living



Independent living allows people to live their own life and make their own choices.

We want:



- to have **reviews** to check disabled people are supported to live independently.

A **review** is when we check a plan or how something is working to make sure we are working in the best way.



- disabled people to take part in **reviews** about living independently.



- organisations who work with disabled people to be involved in **reviews**.



- help for local Councils to support more disabled people to live well and live independently.

4. Health



Health boards and **Social Services** in Wales have made some changes to support disabled people.



Health boards run NHS services across each area of Wales. There are 7 health boards.

Social services are any services that are provided to people when they need help and support.



But many people told us that they still have difficulties when they go to an appointment.

We want:

- everyone who works in Health and Social care to have **equality** training.



Equality means treating people fairly and making sure they have the same chances in life.



- everyone in health and social care to have training to understand the needs of disabled people who are:

- Women
- BAME
- LGBT



- health and social services to talk to disabled people who are:

- Women
- BAME
- LGBT
- Or speak different languages



This will help staff in health and social care to understand what people need at meetings and appointments.

5. Work and employment



Disabled people told us that they are often treated differently at work.



Many **employers** do not know how to support disabled people who work for them.

Employers are organisations that pay people to work for them.

We want:



Llywodraeth Cymru
Welsh Government

- Welsh Government to set an example as a good employer of disabled people.



- Disability **equality** training for everyone who works in Welsh Government, councils and other places.



- help for **employers** to support more disabled people to work



- support for disabled people to be treated the same as everyone else at work.



- disabled people and their **employers** to share examples of good support at work.

6. Safe and comfortable housing

We believe that every disabled person has the right to live somewhere:



- they choose



- they can afford



- they can live as independently as possible



- safe and comfortable.



We spoke to lots of people who said that their houses did not meet their needs.

We want:



- disabled people and organisations to work together to make rules for **accessible housing**



Accessible housing is good for disabled people to live in.



- to find ways to make sure that councils and builders follow rules to build **accessible housing**



- Disability **equality** training for everyone involved in **accessible housing**



- training for everyone involved in **accessible housing** to use different ways to **communicate** with disabled people.



Communication is the way we give people information. It includes speaking and writing.



- to make it easier for younger people to get **social housing** if they need it.



Social housing is homes that are affordable to people with not much money

Working together



We think that using the **UNCRDP Framework** is the best way to support the rights of disabled people in Wales.



Disabled people in Wales are tired of fighting for what they need.



They want to live a life and make their own choices.



We know this will take time.



We know we need to work together to make sure there is **equality** for disabled people in Wales.

Hard words

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