

Easy Read



Disability Wales
Anabledd Cymru

From barely surviving to truly thriving

Disabled people's manifesto 2026 to 2031



2026 to 2031

How to use this document



This is an Easy Read version of: **From Barely Surviving to Truly Thriving: Disabled People's Manifesto 2026-2031.**



You might need help to read it. Ask someone you know to help you.



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Introduction



We are Disability Wales.



We bring together Disabled People's Organisations in Wales.



So we can make sure the voices of disabled people are heard.



This is our **manifesto**. A manifesto is document describing our ideas, beliefs and goals.



Our manifesto is about what we want for disabled people in Wales.



We have made this from speaking to many disabled people and organisations.



They have told us about the issues that are important to them.

5 main things we want to see happen



1. We want the **United Nations Convention for the Rights of Disabled People** to be part of Welsh law



We call this the **UNCRDP** for short.



The **UNCRDP** is an agreement between countries around the world.



It says disabled people have the same rights as everyone else.



It says what governments should do to make sure disabled people have these rights.



Welsh Government had plans to make the **UNCRDP** part of Welsh law. But this has not happened.



We would like a **Code of Practice** to help with this.



A **Code of Practice** is a set of rules or guidelines that explain how to do something properly.



We also want training and information. So the goals of the UNCRPD are understood by public services - like councils and the NHS.



2. We want a strong Disabled People's Rights Plan



The draft Disabled People's Rights Plan is out now. Draft means it is still being made.



It is a 10 year plan for Wales. It says what should be done to make Wales better for disabled people.



We believe in the plan. But think it can be better.



Disabled People must be fully involved.



There must be enough money and support to make sure the plan does what it says.



We want all **political parties** to follow and carry out the Plan.



A **political party** is a group of people who have similar ideas about how to run a country. For example, the Labour Party and the Conservative Party.



We want there to be clear ways of checking and reporting that the Plan is being carried out and is working.



We want Disabled People's Organisations to be partners in the Plan. They must have money and clear ways to be involved.



3. Leadership – We want more support for disabled leaders in public life



Disabled people must be supported to have equal power and a strong voice.



Disabled people should be leaders. They should be involved in political parties and other decision-making jobs.



There is not enough support to make sure this happens.



We want political parties to work on including disabled people. And to report on how they are doing.



We want political parties to share how many disabled members they have.



We want them to set targets for including more disabled people.



We want a Minister for Disabled People in the Senedd.



They would represent disabled people when laws and decisions are made for Wales.



4. The Right to Independent Living. We want changes to care, housing and health



Independent living is a human right.



Disabled people should have the freedom and control to make choices about their lives.



Many things are not designed with disabled people in mind. For example, housing.



Disabled people should be treated fairly and equally.



We want the social care system to be run in a better way. With better pay and conditions for care workers.



We want more accessible houses for disabled people. This means housing that is changed or built to meet people's needs.



We want people to understand disabled rights better.



5. Welfare Benefits managed by Wales



Welfare benefits is money from the government to support people who need it.



For example Personal Independence Payments and Disability Living Allowance.



Our benefits are managed by the UK Government.
We want this to change.



Welfare benefits are really important to many disabled people.



Disabled people must be fully involved in the benefits system and how it works.



Employers must understand the needs and rights of disabled people better.



Big changes are needed to things like [Access to Work](#) and [Disability Confident Employers](#).



These are programmes that support disabled people in paid work.



If the Welsh Government controlled welfare benefits in Wales, they could include disabled people and organisations.



We want the system to be based on the **Social Model of Disability**.



The **Social Model of Disability** is a way of thinking about disability.



It says the way things work stop disabled people from doing things non-disabled people do.



We need to make changes and adapt things to meet disabled people's needs.

What we want



We want to see disabled people do well in life. Not to just survive.



This manifesto shows our ideas for how we can make Wales a place where disabled people lead full and meaningful lives.



We know change is possible. But it takes a lot of work.



We ask all political parties to follow these ideas and make a difference.